

# FAMILY & HUMAN SERVICES

## INTRO TO BEHAVIORAL HEALTH



In this brand new course you will learn about the connection between our daily habits and our overall well-being. We will also study self-concept, effective communication, healthy relationships, addictive behaviors, mental health disorders and protective laws and rights of patients and practitioners.

\*This course is not designed for the student to diagnose themselves, friends, family or others.

Human Development investigates life from conception to death. Students will study biological, cognitive and social/emotional developmental changes of the individual.

This is a semester course where you can earn 0.5 CTE credit and 3 SLCC credits.

## FHS 1500 HUMAN DEV.



## FHS 2400 MARRIAGE AND FAMILY



Adulting doesn't have to be hard. Learn about dating, marriage, families, finance and more. This class will help you prepare to make important life decisions.

This is a year-long course where you can earn 0.5 CTE credit, 0.5 Financial Literacy credit (graduation requirement) and 3 SLCC credits.

**THE ART OF TAKING CARE OF YOURSELF AND OTHERS**